

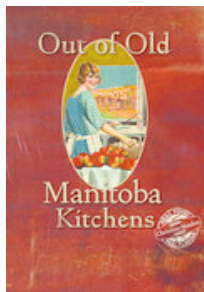


Best of Bridge Sunday Suppers All-New Recipes for Family and Friends by E. Chorney-booth

ISBN: 9780778805755
Binding: Spiral bound
Publisher: Robert Rose
Pub. Date: 2017-09-19
Pages: 324
Price: \$29.95

Quick and easy meals will always have a place in our kitchens (and in our hearts), but sometimes it's nice to take your time and put a meal together with a little extra care and love. This all-new collection of recipes will tempt family and friends to the table for Sunday supper, or for a home-cooked dinner any day of the week.

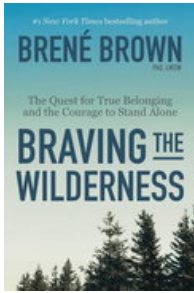
Whether you want to prepare an elegant feast for a special occasion or need some simple ideas for meals that will entice your family back to good food, good conversation and laughter at the dinner table, these recipes celebrate what's on the table -- and who's around it.



Out of Old Manitoba Kitchens by Christine Hanlon

ISBN: 9781772760521
Binding: Hardback
Publisher: MacIntyre Purcell Publishing
Pub. Date: 2017-09-01
Pages: 208
Price: \$24.95

Out of Old Manitoba Kitchens tells the story of the province's early inhabitants through the foods they prepared. Feast on dozens of photographs, more than 80 recipes and countless recollections. Discover how Indigenous pemmican was the perfect recipe for propelling the fur trade, how Scottish bannock became a staple for the First Nations, and why a Manitoba social always ends with kielbasa. Tuck into tales of Franco-Manitoban tourtière, Icelandic vinarterta, and Mennonite rollkuchen. From the campfires of the Métis buffalo hunt and the outdoor kitchens of the early settlers, to the bread ovens of the Ukrainian immigrant and the dining halls of the Winnipeg General Strike, Manitobans of all stripes have contributed to a rich culinary heritage. They bring to the table a delectable spread of culturally diverse dishes, adapted to the local landscape and influenced by a determination to survive, and then thrive, on food from the forest, rivers, lakes, and prairie soil. The tastes and aromas of those early kitchens come to life on pages filled with memories, handwritten recipes, and colourful images from bygone days. Savour the stories, pictures, and flavours from Out of Old Manitoba Kitchens.



Braving the Wilderness

The Quest for True Belonging and the Courage to Stand Alone

by Brené Brown

ISBN: 9780812995848

Binding: Hardback

Publisher: Random House

Pub. Date: 2017-09-12

Pages: 208

Price: \$25.90

#1 NEW YORK TIMES BESTSELLER o A timely and important new book that challenges everything we think we know about cultivating true belonging in our communities, organizations, and culture, from the #1 bestselling author ofÂRising Strong, Daring Greatly, and The Gifts of Imperfection

"True belonging doesn't require us to change who we are. It requires us to be who we are." Social scientist BrenÃ Brown, PhD, LMSW, has sparked a global conversation about the experiences that bring meaning to our lives--experiences of courage, vulnerability, love, belonging, shame, and empathy. In Braving the Wilderness, Brown redefines what it means to truly belong in an age of increased polarization. With her trademark mix of research, storytelling, and honesty, Brown will again change the cultural conversation while mapping a clear path to true belonging.

Brown argues that we're experiencing a spiritual crisis of disconnection, and introduces four practices of true belonging that challenge everything we believe about ourselves and each other. She writes, "True belonging requires us to believe in and belong to ourselves so fully that we can find sacredness both in being a part of something and in standing alone when necessary. But in a culture that's rife with perfectionism and pleasing, and with the erosion of civility, it's easy to stay quiet, hide in our ideological bunkers, or fit in rather than show up as our true selves and brave the wilderness of uncertainty and criticism. But true belonging is not something we negotiate or accomplish with others; it's a daily practice that demands integrity and authenticity. It's a personal commitment that we carry in ...



What Happened

by Hillary R. Clinton

ISBN: 9781501175565

Binding: Hardback

Publisher: Simon & Schuster

Pub. Date: 2017-09-12

Pages: 512

Price: \$39.99

"In the past, for reasons I try to explain, I've often felt I had to be careful in public, like I was up on a wire without a net. Now I'm letting my guard down."
--Hillary Rodham Clinton, from the introduction of What HappenedFor the first time, Hillary Rodham Clinton reveals what she was thinking and feeling during one of the most controversial and unpredictable presidential elections in history. Now free from the constraints of running, Hillary takes you inside the intense personal experience of becoming the first woman nominated for president by a major party in an election marked by rage, sexism, exhilarating highs and infuriating lows, stranger-than-fiction twists, Russian interference, and an opponent who broke all the rules. This is her most personal memoir yet. In these pages, she describes what it was like to run against Donald Trump, the mistakes she made, how she has coped with a shocking and devastating loss, and how she found the strength to pick herself back up afterward. With humor and candor, she tells readers what it took to get back on her feet--the rituals, relationships, and reading that got her through, and what the experience has taught her about life. She speaks about the challenges of being a strong woman in the public eye, the criticism over her voice, age, and appearance, and the double standard confronting women in politics. She lays out how the 2016 election was marked by an unprecedented assault on our democracy by a foreign adversary. By analyzing the evidence and connecting the dots, Hillary shows just how dangerous the forces are that shaped the outcome, and why Americans need to understand them to protect our values and our democracy in the future. The election of 2016 was unprecedented and historic. What Happened is the story of that campaign and its aftermath--both a deeply intimate account and a cautionary tale for the nation.



Portraits of the North

by Gerald Kuehl

ISBN: 9781988182407

Binding: Hardback

Publisher: Editions des Plaines

Pub. Date: unknown

Pages: 240

Price: \$35.00

This is a truly unique book. It offers an incomparable glimpse into the experiences and history of more than one hundred First Nations and Métis elders from Canada's North -- "the last generation born on the land." These stunning graphite pencil portraits are rendered with love, respect, and painstaking detail, along with gripping intimate profiles assembled from oral accounts and anecdotes. Their poignant facial features, lines, and creases, weathered by the harsh outdoors and a lifetime of challenges, are like badges of their remarkable achievements, sustained resolve, inspired patience, and deep-set defiance to the hardships their people have endured for generations. The masterful realism of Kuehl's work helps uncover the tales of these seasoned individuals--their many triumphs and trials--revealing in turn a greater portrait of life in the communities of Northern Canada, a compelling homage, and an enduring historical legacy.